



Frontier Trails Camp

2022 CAMP PACKING & ARRIVAL INSTRUCTIONS

* For your information only. Do not send back to camp**

Opening Day: _____ Registration at the camp is from **6:00-7:00 pm Sunday**

Closing Day: _____ Campers will be ready to leave at **5pm Friday**

Welcome to the Summer 2022 :Season 46! Below are just a few guidelines to facilitate your arrival and stay at Frontier Trails Camp.

Arrival:REGISTRATION:is from 6:00 - 7:00 p.m. Sunday only(unless other time given) We are not responsible for children who have been left without registering. Early Arrivals will be billed.

DEPARTURE: PLEASE NOTE NEW TIME: 5pm Friday

*We know you love your pets and that you would like them to enjoy camp too, **BUT PLEASE do not bring any pets to camp at any time!!** Thanks so much for your cooperation.*

Medical & Information Forms, Payments for Tuck & Rentals must be sent in **4 weeks before** registration date or if you registered online a **make sure you filled out the medical form online** as soon as possible. Any checks sent in must be dated payable 4 weeks before registration day. After that cash, money orders, credit card (MC or Visa), debit card or certified cheques must be used. This is to allow us to have all information entered before arrival and to streamline the registration process on registration Sunday.

Tuck Shop & Camp Store: -for treats (drinks, chips, slushies, ice cream), souvenirs, camp shirts, western hats, riding boots, caps, lures, etc. Tuck money is kept in the camp bank and unspent money on your child's account is returned upon departure. Avg. tuck is \$20.00 - \$30.00/wk. **We are not responsible for money or any valuables left with campers.**

Medical: Make sure you have finished this form online. If you are bringing medications to camp, be sure they are clearly marked with child's name and indications to dispense. If you can get your pharmacist to vacuum pack the pills in dosages that is great, or if pills are put into a daily dosage container, make sure you send bottles with the prescription information clearly marked.

******All Medication must be turned in to the Camp Nurse at Registration.**

Laundry: children staying over weekends may have laundry done (included in Weekend Stay-over Fee).

Rodeo: Every **FRIDAY @ 4 PM** there will be a **Kids Rodeo (Musical Ride)**. Parents are invited to come and see their children's performance & take pictures. Please, **NO PETS WILL BE ALLOWED** on the Camp Property during pick up or drop off. **PLEASE BE SURE TO SIGN YOUR CHILD OUT**

Awards: Awards will be presented to the campers during the rodeo and they will be ready for departure at 5 pm.

Visits & Telephone: **PLEASE** No visitation of parents/guardians, relatives, friends, etc. Visits and telephone calls disrupt their time at camp, and also encourage home sickness if not in your children it affects other children who see you there with your camper's . We ask that you please respect this and invite you to attend the Saturday Rodeo for Parents, Family, and Friends. For Multi-week camper's parents may call or visit on Sat afternoon. If child is leaving camp with parents at the end of camp or on a weekend stay-over they **must be signed out at the office and signed back in when they arrive back at camp.** At any time during your child's stay please feel free to call the office if you have any questions or concerns.

Camper Packing List :

The following packing list is provided for your convenience. It is intended as a guide. Clothing is only laundered for those staying more than 1 week of residential camp. **Do not bring clothing that requires special handling or is valuable.** Permanently label each article of clothing, shoes, and personal items with the camper's name. (you can go on www.frontiertrailscamp.com and order labels through our website) Frontier Trails will not be held responsible for articles that might go missing, so don't send expensive things! **If they are here and labeled we can return the articles to you if left)**

Please note the Dress Code of the Camp. Please send 7 masks with your child in case rules should change!

<u>Clothing</u>	<u>Linens</u>	<u>Toilet Articles</u>	<u>Footwear</u>
7 Shorts	1 Pillow	1 Toothbrush/toothpaste	1 Sneakers
7 T-shirts/tank tops	1 Blanket or Sleeping bag	1 Soap/soap dish	1 Sandals
Long Sleeve Shirt	1 Set of twin sheets	1 Shampoo/Conditioner	1 boots with heel/riding
3 Long Pant (s)	2 Bath Towel	1 Brush/Comb	1 old sneakers/water
2 Sweatshirt	1 or 2 Beach Towel	1 Deodorant	or water shoes
1 Jacket/Fleece	1 Wash Cloth	Personal Amenities	
1 Rain Coat or poncho	1 Laundry Bag		
7 Underwear	Sleeping Bag (for Campout)		
7 Socks	Water bottle		
2 Pajamas	<u>Water Bottle or Cup with name) (for the water cooler)</u>		

2 Bathing Suit

Miscellaneous If you'd like Many of these items are available in the store if you forget something

Camera (label with name)	Beach Bag	Flashlight	Sunscreen
Stationary/stamps(available in store)	Hat		Insect Repellant (non-aerosol only)
Books	Skit or Talent contest costumes & props		
Fishing Rod	Snorkel Equip	Goggles	
Mt Bike (if you'd like your own)		Bike Helmet (or can share camp helmets)	

Horsemanship Campers Packing List

Shoes designed for horseback riding. Your shoes can be either boots or tie shoes with a defined heel. The heel should be no lower than one inch; sneakers and hiking boots are not acceptable for riding. You may ride in jeans or long pants.

Riding Helmet that fits well and is safety certified (CSA). Boots & Helmets are provide in Horsemanship Programs.

* **Boot and Helmet Rentals** are available from the camp if you don't want your child sharing with other children. If renting please reserve before camp if possible.

Items to Leave at Home

Please do not bring: Cell Phones, Laptops, Video Players, MP3s, CD Players, iPods & any electronics requiring. Weapons & Knives of any kind are prohibited. All these items will be taken from campers and will only be returned for a \$20/item safety fee. We discourage you from bringing valuable personal items (ie Wallets, Pets, Extra Money, etc) to camp. **Camp is not responsible** for lost, stolen, or damaged items. **Camp is also not responsible** if valuable items are not turned into the camp office.

******Please also leave any food, candy or beverages** – ingredients in foods could endanger the life of a camper with a **severe food allergy** as well as attracting mice.

Frontier Trails Camp Lice Policy

The head louse is a tiny insect that lives on human heads. Head lice is a common problem amongst children and is occasionally identified in our incoming campers. Since Camp is a community living in close quarters, the spread of lice can happen quite quickly. Each camper is checked for lice upon arrival on property. Lice treatment at the camp will be charged to the parents account. **To reduce disappointment we strongly encourage parents to check their child's head for lice both one week and one day before arriving at Camp.**

Covid Safety

Items that we will continue to use to help us with COVID safety include:

We would strongly encourage all campers and staff to self isolate from other contacts for 5 days before arriving at camp. This will help prevent disappointment possibly to your children as well as other campers coming to enjoy their camping experience.

- We currently ask all of our summer staff if they are willing to share their vaccination status to help us with potential outbreak management.
- Your children's activities are organized in a way to reduce the total number of contacts they will have throughout their experience with most activities being in their program & Cohort. We believe this will actually increase their enjoyment of their time with us while at the same time helping us reduce transmission risk.
- We will continue to ensure great hand hygiene & sanitizer stations throughout the camp for our campers and staff.
- The greatest way to reduce COVID transmission risk is to be outside. Nearly everything we do at Frontier Trails is outdoors and under the big top tent.
- We will continue to monitor the covid situation as we approach the summer. We will communicate with our campers if anything changes.

Public Health is not longer requiring us to do the following:(But we will monitor regulations)

- **Mandatory Masks** - While not required, we will encourage an environment where kids who want to wear a mask will be welcomed and if required worn indoors.
- **Vaccinations** - The health unit has never required this for campers or staff during the pandemic.
- **Daily Health Checks** - We will be employing a passive approach to monitoring
- the health of your children and our staff with increased vigilance.

MEDICATIONS

All medication is given in to the office during registration and are administered at meal times and in the evening as necessary. Campers are not permitted to keep medication in cabins.

Frontier Trails Peanut Policy

We take the safety of campers with a peanut allergy very seriously. However, due to variables outside our control, we do not claim to be a peanut-free environment. We consider Camp a peanut-aware facility by taking the following proactive steps:

- Camp kitchens do not knowingly serve food that contains peanuts. We do however permit the use of products that list "may contain traces of peanut products" in the ingredient list."
- Our tuck shops do not knowingly stock snacks that contain peanuts.
- We request that campers, staff and guests do not bring products containing peanuts onto our facility.
- Staff are instructed to remove products containing peanuts from the property if found.

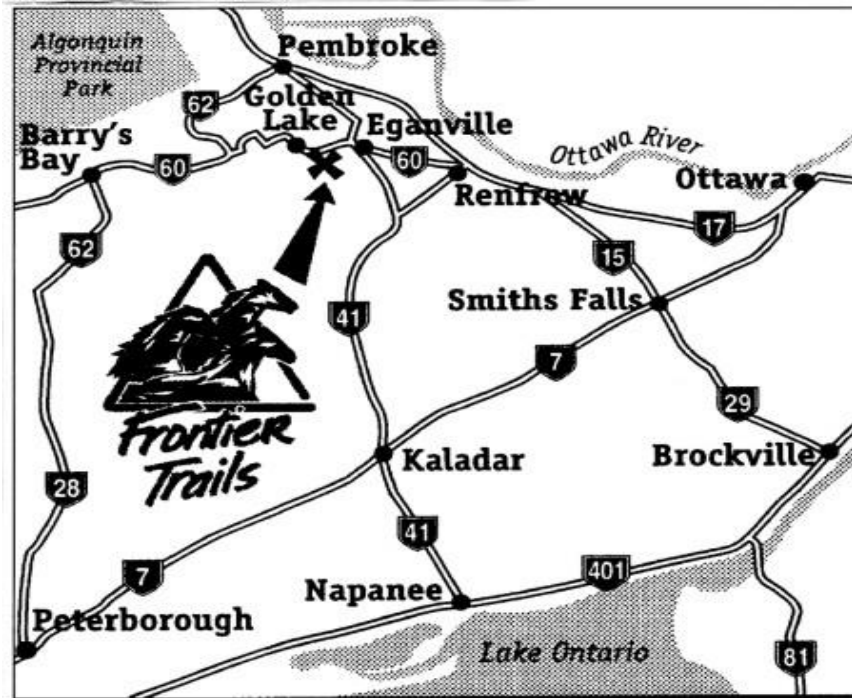
The private residences of staff living on property are not required to be peanut-free. Campers are not permitted in these areas.

Campers prone to anaphylactic reactions are required to bring two epi-pens and carry one on their body at all times. Parents of campers with a known anaphylactic allergy must disclose this condition on the camper's medical forms during registration. We encourage parents to talk with the medical staff and their children's dorm leader upon their arrival.

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Dress Code - Campers are asked to dress in a neat, respectable fashion. Clothing which is revealing or distracting will not be permitted. Clothing must not offend campers and staff of the camp nor distract from the environment of the camp. A camper wearing any clothing that is unacceptable will be asked to change (i.e. short shorts, biker shorts, exposed midriff, halter tops, muscle shirts, spaghetti straps, clothing with vulgar or suggestive language, clothing which advertises alcohol. or illicit drugs) or any clothing which is deemed to be inappropriate for a camping environment. As well as, frayed or intentionally/excessively ripped clothing. Wide strap tank tops are allowed.

Map to Frontier Trails Camp



KEEP this map with you as a lot of the GPS'S DO NOT BRING YOU TO THE CAMP.
Frontier Trails Camp is located at #10545 Hwy 60 , 11 kms West of Eganville, On Hwy 60 Ontario.

From Ottawa: take Hwy 17 to Renfrew, Turn L on Hwy 60, Take Hwy 60 to Eganville and continue straight through Eganville on Hwy 60 for 11 Kms. Frontier Trials Camp will be on the Left @ 10545 Hwy 60

From Pembroke: take Hwy 41 south and turn R on Hwy 60, take Hwy 60 6 km and FTC will be on the Left @ 10545 Hwy 60

From Napanee: take Hwy 41 north to Eganville, In Eganville turn L onto Hwy 60 and stay on Hwy 60 11 km. FTC on Left of Highway @ Hwy 60 # 10545

From Toronto: take Hwy 401 to Hwy 115 to Peterborough, Take Hwy 7 to Hwy 28 to Bancroft, In Bancroft take Hwy 62 N to Barrys Bay, take Hwy 60 E. to Golden Lake, 2 km past Golden Lake (town) FTC. Is on the R Hwy 60 #10545

- Or you can take 401 to Napanee and follow Napanee directions.

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